

## **Inauguration of the Holistic Wellness Centre**

The “Holistic Wellness Centre & Skill Development Institute for Traditional Healers and Youths of Meghalaya” is a collaborative project between Meghalaya Basin Development Authority, MBMA, Shillong, Bio-Resources Development Centre, Upper Shillong, BRDC and Santhigiri Ashram, New Delhi. The Wellness Centre is located at BRDC Experimental Farm, Laitmynsaw Village, Upper Shillong.

This Wellness Centre is to make available healthcare to both Out-Patient Department (OPD) as well as In-Patient Department (IPD) based on Ayurveda, Siddha and Traditional Medicine of the state of Meghalaya, it will provide a holistic healing approach to the physical & mental care of the patients and also to promote health tourism in the State, primarily focusing on Panchakarma treatment.

It will also serve as a Skill development Centre for Traditional Healers and youths of the State for training on standardization of procedures and methods of treatment, processing of herbal preparations, packaging, etc and also give necessary guidance on programmes aimed at integrated and sustainable utilization of medicinal and aromatic plants. Personnel trained at the Centre as Master Trainers will facilitate and train others in their community such that smaller Centres can be set up in other districts of the state.

The indigenous system of medicine (Traditional medicine) has been practiced by the traditional healers since ancient times, utilizing a vast array of medicinal plants, herbs, minerals, etc. delivering primary health care or serves as a complement in Meghalaya. The integration of the Traditional Medicine with the Indian Medicine (Ayurveda, Siddha) is one of the initiatives taken up by the three (3) aforementioned partnering institute in order to create a holistic approach to healthcare system, maximizing the use of the rich Medicinal & Aromatic Plant sources that the state possessed and further, generating formulated herbal preparations catering to the wellness centre. In conclusion, the wellness centre will integrate Indian System of medicine and Indigenous Healing System of medicine for holistic approach to wellness and health of the people of the State in particular and the incoming tourists thus promoting health tourism as well.

## **Launching of Meghalaya Traditional Knowledge Portal and the released of the Draft Book entitled– Meghalaya Traditional Knowledge: Supporting Document for Course Curriculum in Schools”**

The “Meghalaya Traditional Knowledge Portal and the released of the Draft Book entitled– Meghalaya Traditional Knowledge: Supporting Document for Course Curriculum in Schools” is an outcome of the project, funded by NEC, Shillong entitled “Preservation and Protection of Traditional knowledge: Documentation initiative in Northeast India” supported by North-Eastern Council (NEC), Ministry of DoNER, Govt. of India to document the traditional knowledges of Meghalaya jointly implemented by Bio-Resource Development Centre (BRDC), Upper Shillong an R & D Institution under Planning, Investment Promotion & Sustainable Development Department, Govt. of Meghalaya and The Energy and Resources Institute (TERI) an autonomous research Institute with its head office located in New Delhi and regional Centre for North Eastern Region in Guwahati.



Felicitation of Chief Guest **Dr. M. Ampareen Lyngdoh**  
 Hon'ble Cabinet Minister, Govt. of Meghalaya,  
 Minister of Health & Family Welfare, Agriculture and Farmers' Welfare Department



Keynote Address by **Shri Gunanka D.B, IFS,**  
 Jt. Secretary to the Govt. of Meghalaya,  
 Planning Dept. & Member Secretary, BRDC





Address by Special Guest **Dr. Joram Beda, IAS**,  
Commissioner & Secretary to the Govt. of Meghalaya,  
Health and Family Welfare &  
Director, AYUSH



Address by Guest of Honour **Shri Sampath Kumar, IAS**,  
Principal Secretary to the Govt. of Meghalaya,  
Health and Family Welfare Dept. & Chief Executive Officer, MBDA



Address by Chief Guest **Dr. M. Ampareen Lyngdoh**  
Hon'ble Cabinet Minister, Govt. of Meghalaya,  
Minister of Health & Family Welfare, Agriculture and Farmers' Welfare Department



Launch of the Meghalaya Traditional Knowledge Portal





Launch of the Draft Book entitled - "Meghalaya Traditional Knowledge: Supporting Document for Course Curriculum in Schools" under the project "Preservation and Protection of Traditional Knowledge: Documentation Initiatives in North-East India" to be handed over to the Department of Education, Government of Meghalaya.



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